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| Classes, Yoga & Special Events ~ May 2019Pre-registration required for most classes. Please call 508-362-8000 to register or purchase tickets online. |
| Sun |  | Mon |  | Tue |  | Wed |  | Thu |  | Fri |  | Sat |
| 28TheFrequenciesHealingProject2-4pm $33 |  | **29****Goddess Blessing: Connection and Messages with the Divine Feminine****7-9:30 pm $33** |  | **30** **Gentle Yoga****5:30-6:30pm $14** |  | **May 1** **Expanding Your Awareness -Crown Chakra Reiki & Sound Meditation****7-9pm $25** |  | **2****Gentle Yoga****5:30-6:30pm $14****Tarot For Beginners 7-10pm Week 2** |  | **3** |  | 4 NEW MOONPsychic Fair 11am-4pmCrystal Bowl Meditation w/ Kathleen Warren4:30-6pm $20 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5 |  | **6****New Moon Meditation** **7-8:30 pm $25** |  | **7****Gentle Yoga****5:30-6:30pm $14****Psychic Development 2: 8 Week Journey $333****(Deposit $111)** |  | **8** **Grounding – Root Chakra Crystal, Reiki & Sound Meditation****7-9pm $25** |  | **9****Gentle Yoga****5:30-6:30pm $14****Tarot For Beginners 7-10pm Week 3** |  | **10****Private Goddess Readings with Jo Jayson** **5-9pm $80** |  | 11The Divine Within Workshop with jo Jayson 11am-1pm $80Jo Jayson Trunk Show 10-5pm |
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| 12Mother’s Day |  | **13****Goddess Blessing: Connection and Messages with the Divine Feminine****7-9:30 pm $33** |  | **14****Gentle Yoga****5:30-6:30pm $14****Psychic Development 2: Week 2** |  | **15****Finding Your Joy – Sacral Chakra****Crystal, Reiki & Sound Meditation****7-9pm $25** |  | **16** **Gentle Yoga****5:30-6:30pm $14****Tarot For Beginners 7-10pm Week 4** |  | **17** **Restorative Yoga** **6-7pm****$14** |  | 18 FULL MOON11:11 - The Wake Up Call10:30-12pm $33 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 19Channeled Blue Ray Tonal Meditations for Healing w/ Mary Michel 6-8pm $33 |  | **20****Full Moon Meditation** **7-8:30 pm $25** |  | **21** **Gentle Yoga****5:30-6:30pm $14****Psychic Development 2: Week 3** |  | **22****Personal Empowerment – Solar Plexus Reiki & Sound Meditation****7-9pm $25** |  | **23** **Opening Doors to Past Lives** **7-9pm $35** |  | **24****Restorative Yoga** **6-7pm****$14** |  | 25Empowering the Empath: The Essentials 10:30am-1 pm $44 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 26TheFrequenciesHealingProject w/Linda Burgess2-4pm $33 |  | **27** **Memorial Day** |  | **28** **Gentle Yoga****5:30-6:30pm $14****Psychic Development 2: Week 4** |  | **29** **Heart Healing w/ Mother Mary – Heart Chakra****Crystal, Reiki & Sound Meditation****7-9pm $25** |  | **30****Cutting Cords: Free Your Energy! 7-9pm $44** |  | **31****Restorative Yoga** **6-7pm****$14****Yoga Nidra** **7:15-8:15pm $14** |  | June 1Psychic Fair 11am-4pmCrystal Bowl Meditation w/ Kathleen Warren4:30-6pm $20 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  | 3 NEW MOONNew Moon Meditation 7-8:30 pm $25 |  | 4Gentle Yoga5:30-6:30pm $14Psychic Development 2: Week 5 |  | 5 Finding Your Voice – Throat Chakra Crystal, Reiki & Sound Meditation7-9pm $25 |  | 6Gentle Yoga5:30-6:30pm $14 |  | 7Restorative Yoga 6-7pm$14 |  | 8 |