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| Classes, Yoga & Special Events ~ May 2019  Pre-registration required for most classes. Please call 508-362-8000 to register or purchase tickets online. | | | | | | | | | | | | |
| Sun |  | Mon |  | Tue |  | Wed |  | Thu |  | Fri |  | Sat |
| 28  TheFrequenciesHealingProject  2-4pm $33 |  | **29**  **Goddess Blessing: Connection and Messages with the Divine Feminine**  **7-9:30 pm $33** |  | **30**  **Gentle Yoga**  **5:30-6:30pm $14** |  | **May 1**  **Expanding Your Awareness -Crown Chakra Reiki & Sound Meditation**  **7-9pm $25** |  | **2**  **Gentle Yoga**  **5:30-6:30pm $14**  **Tarot For Beginners 7-10pm Week 2** |  | **3** |  | 4 NEW MOON  Psychic Fair  11am-4pm  Crystal Bowl Meditation w/ Kathleen Warren  4:30-6pm $20 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5 |  | **6**  **New Moon Meditation**  **7-8:30 pm $25** |  | **7**  **Gentle Yoga**  **5:30-6:30pm $14**  **Psychic Development 2: 8 Week Journey $333**  **(Deposit $111)** |  | **8**  **Grounding – Root Chakra Crystal, Reiki & Sound Meditation**  **7-9pm $25** |  | **9**  **Gentle Yoga**  **5:30-6:30pm $14**  **Tarot For Beginners 7-10pm Week 3** |  | **10**  **Private Goddess Readings with Jo Jayson**  **5-9pm $80** |  | 11  The Divine Within Workshop with jo Jayson 11am-1pm $80  Jo Jayson Trunk Show 10-5pm |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 12  Mother’s Day |  | **13**  **Goddess Blessing: Connection and Messages with the Divine Feminine**  **7-9:30 pm $33** |  | **14**  **Gentle Yoga**  **5:30-6:30pm $14**  **Psychic Development 2: Week 2** |  | **15**  **Finding Your Joy – Sacral Chakra**  **Crystal, Reiki & Sound Meditation**  **7-9pm $25** |  | **16**  **Gentle Yoga**  **5:30-6:30pm $14**  **Tarot For Beginners 7-10pm Week 4** |  | **17**  **Restorative Yoga**  **6-7pm**  **$14** |  | 18 FULL MOON  11:11 -  The Wake Up Call  10:30-12pm $33 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 19  Channeled Blue Ray Tonal Meditations for Healing w/ Mary Michel  6-8pm $33 |  | **20**  **Full Moon Meditation**  **7-8:30 pm $25** |  | **21**  **Gentle Yoga**  **5:30-6:30pm $14**  **Psychic Development 2: Week 3** |  | **22**  **Personal Empowerment – Solar Plexus Reiki & Sound Meditation**  **7-9pm $25** |  | **23**  **Opening Doors to Past Lives**  **7-9pm $35** |  | **24**  **Restorative Yoga**  **6-7pm**  **$14** |  | 25  Empowering the Empath: The Essentials 10:30am-1 pm $44 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 26  TheFrequenciesHealingProject w/Linda Burgess  2-4pm $33 |  | **27**  **Memorial Day** |  | **28**  **Gentle Yoga**  **5:30-6:30pm $14**  **Psychic Development 2: Week 4** |  | **29**  **Heart Healing w/ Mother Mary – Heart Chakra**  **Crystal, Reiki & Sound Meditation**  **7-9pm $25** |  | **30**  **Cutting Cords: Free Your Energy! 7-9pm $44** |  | **31**  **Restorative Yoga**  **6-7pm**  **$14**  **Yoga Nidra**  **7:15-8:15pm $14** |  | June 1  Psychic Fair  11am-4pm  Crystal Bowl Meditation w/ Kathleen Warren  4:30-6pm $20 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  | 3 NEW MOON  New Moon Meditation  7-8:30 pm $25 |  | 4  Gentle Yoga  5:30-6:30pm $14  Psychic Development 2: Week 5 |  | 5  Finding Your Voice – Throat Chakra Crystal, Reiki & Sound Meditation  7-9pm $25 |  | 6  Gentle Yoga  5:30-6:30pm $14 |  | 7  Restorative Yoga  6-7pm  $14 |  | 8 |