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| Classes, Yoga & Special Events ~ July 2019Pre-registration required for most classes. Please call 508-362-8000 to register or purchase tickets online. |
| Sun |  | Mon |  | Tue |  | Wed |  | Thu |  | Fri |  | Sat |
| 30TheFrequenciesHealingProject2-4pm $33 |  | **July 1** **New Moon Meditation** **7-8:30 pm $25** |  | **2** **NEW MOON****Gentle Yoga****5:30-6:30pm $14****AngelLinks** **5 Week Angel Certification 7-9pm $444** |  | **3** **Finding Your Joy – Sacral Chakra****Crystal, Reiki & Sound Meditation****7-9pm $25** |  | **4****4th f July** **CLOSED** |  | **5****Restorative Yoga** **6-7pm****$14** |  | 6Psychic Fair 11am-4pmCrystal Bowl Meditation w/ Kathleen Warren4:30-6pm $20 |
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| 7 |  | **8****Goddess Blessing: Connection and Messages with the Divine Feminine****7-9:30 pm $33** |  | **9****Gentle Yoga****5:30-6:30pm $14****AngelLinks** **5 Week Angel Certification** **7-9pm** |  | **10** **Personal Empowerment – Solar Plexus Reiki & Sound Meditation****7-9pm $25** |  | **11****Gentle Yoga****5:30-6:30pm $14****Healing w/ the Angels – Crystal Meditation** **7-8:30pm $25** |  | **12****Restorative Yoga** **6-7pm****$14** |  | 13Crystals From Around the World Crystal Show 10am-5pm |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 14Releasing Limited Beliefs Workshop w/ Nancy Canning1-3pm $35 |  | **15****Full Moon Meditation** **7-8:30 pm $25** |  | **16** **FULL MOON****Gentle Yoga****5:30-6:30pm $14****AngelLinks** **5 Week Angel Certification 7-9pm** |  | **17** **Heart Healing w/ Mother Mary – Heart Chakra****Crystal, Reiki & Sound Meditation****7-9pm $25** |  | **18****Gentle Yoga****5:30-6:30pm $14****11:11 – The Wake Up Call****7-8:30pm $33** |  | **19****Restorative Yoga** **6-7pm****$14** |  | 20 Divine Connections Spiritual Retreat10:30am-3:30pm$111 |
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| 21Magical Mystical Meditations w/ the Masters 1-3pm $25 |  | **22****Goddess Blessing: Connection and Messages with the Divine Feminine****7-9:30 pm $33** |  | **23****Gentle Yoga****5:30-6:30pm $14****AngelLinks** **5 Week Angel Certification 7-9pm** |  | **24** **Finding Your Voice – Throat Chakra Crystal, Reiki & Sound Meditation****7-9pm $25** |  | **25****Gentle Yoga****5:30-6:30pm $14****Creating Simple Spiritual Practices** **7-8:30pm $35** |  | **26****Restorative Yoga** **6-7pm****$14****Yoga Nidra** **7:15-8:15pm $14** |  | 27Reiki Reboot10am-5:30pm$222 |
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| 28Channeled Blue Ray Tonal Meditations for Healing w/ Mary Michel 6-7pm $25 |  | **29****New Moon Meditation** **7-8:30 pm $25** |  | **30** **Gentle Yoga****5:30-6:30pm $14****AngelLinks** **5 Week Angel Certification 7-9pm** |  | **31** **Opening Your 3rd Eye – 3rd Eye****Crystal, Reiki & Sound Meditation****7-9pm $25** |  | **Aug 1** **NEW MOON****Gentle Yoga****5:30-6:30pm $14** |  | **2****Restorative Yoga** **6-7pm****$14** |  | 3Psychic Fair 11am-4pmCrystal Bowl Meditation w/ Kathleen Warren4:30-6pm $20 |
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