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| Classes, Yoga & Special Events ~ July 2019  Pre-registration required for most classes. Please call 508-362-8000 to register or purchase tickets online. | | | | | | | | | | | | |
| Sun |  | Mon |  | Tue |  | Wed |  | Thu |  | Fri |  | Sat |
| 30  TheFrequenciesHealingProject  2-4pm $33 |  | **July 1**  **New Moon Meditation**  **7-8:30 pm $25** |  | **2**  **NEW MOON**  **Gentle Yoga**  **5:30-6:30pm $14**  **AngelLinks**  **5 Week Angel Certification 7-9pm $444** |  | **3**  **Finding Your Joy – Sacral Chakra**  **Crystal, Reiki & Sound Meditation**  **7-9pm $25** |  | **4**  **4th f July**  **CLOSED** |  | **5**  **Restorative Yoga**  **6-7pm**  **$14** |  | 6  Psychic Fair  11am-4pm  Crystal Bowl Meditation w/ Kathleen Warren  4:30-6pm $20 |
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| 7 |  | **8**  **Goddess Blessing: Connection and Messages with the Divine Feminine**  **7-9:30 pm $33** |  | **9**  **Gentle Yoga**  **5:30-6:30pm $14**  **AngelLinks**  **5 Week Angel Certification**  **7-9pm** |  | **10**  **Personal Empowerment – Solar Plexus Reiki & Sound Meditation**  **7-9pm $25** |  | **11**  **Gentle Yoga**  **5:30-6:30pm $14**  **Healing w/ the Angels – Crystal Meditation**  **7-8:30pm $25** |  | **12**  **Restorative Yoga**  **6-7pm**  **$14** |  | 13  Crystals From Around the World Crystal Show 10am-5pm |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 14  Releasing Limited Beliefs Workshop w/ Nancy Canning  1-3pm $35 |  | **15**  **Full Moon Meditation**  **7-8:30 pm $25** |  | **16**  **FULL MOON**  **Gentle Yoga**  **5:30-6:30pm $14**  **AngelLinks**  **5 Week Angel Certification 7-9pm** |  | **17**  **Heart Healing w/ Mother Mary – Heart Chakra**  **Crystal, Reiki & Sound Meditation**  **7-9pm $25** |  | **18**  **Gentle Yoga**  **5:30-6:30pm $14**  **11:11 – The Wake Up Call**  **7-8:30pm $33** |  | **19**  **Restorative Yoga**  **6-7pm**  **$14** |  | 20  Divine Connections Spiritual Retreat  10:30am-3:30pm  $111 |
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| 21  Magical Mystical Meditations w/ the Masters  1-3pm $25 |  | **22**  **Goddess Blessing: Connection and Messages with the Divine Feminine**  **7-9:30 pm $33** |  | **23**  **Gentle Yoga**  **5:30-6:30pm $14**  **AngelLinks**  **5 Week Angel Certification 7-9pm** |  | **24**  **Finding Your Voice – Throat Chakra Crystal, Reiki & Sound Meditation**  **7-9pm $25** |  | **25**  **Gentle Yoga**  **5:30-6:30pm $14**  **Creating Simple Spiritual Practices**  **7-8:30pm $35** |  | **26**  **Restorative Yoga**  **6-7pm**  **$14**  **Yoga Nidra**  **7:15-8:15pm $14** |  | 27  Reiki Reboot  10am-5:30pm  $222 |
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| 28  Channeled Blue Ray Tonal Meditations for Healing w/ Mary Michel  6-7pm $25 |  | **29**  **New Moon Meditation**  **7-8:30 pm $25** |  | **30**  **Gentle Yoga**  **5:30-6:30pm $14**  **AngelLinks**  **5 Week Angel Certification 7-9pm** |  | **31**  **Opening Your 3rd Eye – 3rd Eye**  **Crystal, Reiki & Sound Meditation**  **7-9pm $25** |  | **Aug 1**  **NEW MOON**  **Gentle Yoga**  **5:30-6:30pm $14** |  | **2**  **Restorative Yoga**  **6-7pm**  **$14** |  | 3  Psychic Fair  11am-4pm  Crystal Bowl Meditation w/ Kathleen Warren  4:30-6pm $20 |
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