**\*WE ARE MOVING FEB. 1st! PLEASE VISIT OUR NEW LOCATION AT LEMON TREE VILLAGE SHOPS, 1069 RT 6A, BREWSTER, MA\***

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| Classes, Yoga & Special Events ~ January 2020Pre-registration required for most classes. Please call 508-362-8000 to register or purchase tickets online. |
| Sun |  | Mon |  | Tue |  | Wed |  | Thu |  | Fri |  | Sat |
| Dec 29TheFrequenciesHealingProject2-4pm $33 |  | **30****Goddess Blessing: Connection and Messages with the Divine Feminine****7-9:30 pm $33** |  | **31****New Years Eve** **Gentle Yoga****5:30-6:30pm $14** |  | **January 1, 2020****HAPPY NEW YEAR!**  |  | **2** |  | **3****Restorative Yoga** **6-7pm****$14** |  | 4Psychic Fair 11am-4pmCrystal Bowl Meditation w/ Kathleen Warren4:30-6pm $20 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5Magical Mystical Meditations w/ the Masters w/ Diandra Heart 3-4pm $25 |  | **6****Full Moon Meditation** **7-8:30 pm $25** |  | **7****Gentle Yoga****5:30-6:30pm $14****Crystal Clear Intentions 2020****7-9pm $33** |  | **8****Opening Your 3rd Eye – 3rd Eye: Crystal, Reiki & Sound Meditation 7-9pm $25** |  | **9****Gentle Yoga****5:30-6:30pm $14****Creating Simple Spiritual Practices** **7-8:30pm $33** |  | **10 FULL MOON****Restorative Yoga** **6-7pm****$14** |  | 1111:11 - The Wake Up Call 10:30am-12:30pm $33 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 12 |  | **13****Goddess Blessing: Connection and Messages with the Divine Feminine****7-9:30 pm $33** |  | **14****Gentle Yoga****5:30-6:30pm $14****Clearing the Mental, Emotional & Physical Clutter That’s Holding You Back** **7-9pm $33** |  | **15****Expanding Your Awareness -Crown Chakra Reiki & Sound Meditation****7-9pm $25** |  | **16****Gentle Yoga****5:30-6:30pm $14****Discovering Your Divine Life Purpose 7-9pm $44** |  | **17****Restorative Yoga** **6-7pm****$14** |  | 18Empowering the Empath: The Essentials 10:30am-12:30 pm $44Empowering the Empath 2: Going Deeper 1:30-4:30pm $50 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 19Channeled Blue Ray Tonal Meditations for Healing w/ Mary Michel 6-7pm $33 |  | **20 Martin Luther King Jr. Day****New Moon Meditation** **7-8:30 pm $25** |  | **21 Gentle Yoga****5:30-6:30pm $14****Opening Doors to Past Lives****7-9pm $35** |  | **22****Crystal, Reiki & Sound Meditation****7-9pm $25** |  | **23 Gentle Yoga****5:30-6:30pm $14****Cutting Cords: Free Your Energy! 7-9pm $44** |  | **24 NEW MOON****Restorative Yoga** **6-7pm****$14** |  | 25Reiki Reboot10:30am-5pm$222 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jan 26LAST DAY AT 3284 MAIN ST, RT. 6A BARNSTABLE! |  | **27****MOVING WEEK!!! 🡪 🡪** |  | **28****MOVING WEEK!!! 🡪**  |  | **29****MOVING WEEK!!! 🡪** |  | **30****MOVING WEEK!!! 🡪 🡪** |  | **31****MOVING WEEK!!! 🡪 🡪****\*MORE FEBRUARY CLASSES COMING SOON!\*** |  | Feb 1 Daily Gratitude Meditation 9:45-9:55am $DonationOPEN LEMON TREE VILLAGE SHOPS, 1069 RT 6A, BREWSTER!  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 Super BowlDaily Gratitude Meditation 9:45-9:55am $Donation |  | **3 Daily Gratitude Meditation 9:45-9:55am $Donation****Restorative Yoga TBD** |  | **4 Daily Gratitude Meditation 9:45-9:55am $Donation****Oracle Card Yoga****10-11:15am $18****Chakra Yoga****TBD** |  | **5 Daily Gratitude Meditation 9:45-9:55am $Donation****Gentle Hatha****10-11:15am $18****Grounding – Root Chakra Crystal, Reiki & Sound Meditation****7-9pm $33** |  | **6 Daily Gratitude Meditation 9:45-9:55am $Donation****Crystal Yoga** **10-11:15am****$18****Candle Lit Yin TBD** |  | **7 Daily Gratitude Meditation 9:45-9:55am $Donation****Sacred Path Gathering Drumming Ceremony TBD**  |  | 8 Daily Gratitude Meditation 9:45-9:55am $DonationPsychic Fair 11am-4pm |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 9 Daily Gratitude Meditation 9:45-9:55am $DonationLadies Only Psychic Party w/ Jon Stetson2-5pm $50 |  | **10 FULL MOON****Daily Gratitude Meditation 9:45-9:55am $Donation****Restorative Yoga TBD** |  | **11 Daily Gratitude Meditation 9:45-9:55am $Donation****Oracle Card Yoga****10-11:15am $18****Full Moon Yoga****TBD** |  | **12 Daily Gratitude Meditation 9:45-9:55am $Donation****Gentle Hatha****10-11:15am $18****Finding Your Joy – Sacral Chakra****Crystal, Reiki & Sound Meditation****7-9pm $33** |  | **13 Daily Gratitude Meditation 9:45-9:55am $Donation****Crystal Yoga** **10-11:15am****$18****Candle Lit Yin TBD** |  | **14 Valentine’s Day** **Daily Gratitude Meditation 9:45-9:55am $Donation****Sacred Path Gathering Drumming Ceremony TBD**  |  | 15 Daily Gratitude Meditation 9:45-9:55am $DonationIntentions Jewelry Trunk Show 10am-5pm |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 16 Daily Gratitude Meditation 9:45-9:55am $DonationChanneled Blue Ray Tonal Meditations for Healing w/ Mary Michel 6-7pm $33 |  | **17 Washington's Birthday****Daily Gratitude Meditation 9:45-9:55am $Donation****Restorative Yoga TBD** |  | **18 Daily Gratitude Meditation 9:45-9:55am $Donation****Oracle Card Yoga****10-11:15am $18****Sacred Geometry Yoga****TBD** |  | **19 Daily Gratitude Meditation 9:45-9:55am $Donation****Gentle Hatha****10-11:15am $18****Personal Empowerment – Solar Plexus** **Crystal, Reiki & Sound Meditation7-9pm $33** |  | **20 Daily Gratitude Meditation 9:45-9:55am $Donation****Crystal Yoga** **10-11:15am****$18****Candle Lit Yin TBD** |  | **21 Daily Gratitude Meditation 9:45-9:55am $Donation****Sacred Path Gathering Drumming Ceremony TBD**  |  | **22 Daily Gratitude Meditation 9:45-9:55am $Donation****Crystals From Around the World Crystal Show** **10am-5pm** |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| 23 Daily Gratitude Meditation 9:45-9:55am $DonationIntro to Intuitive Eating2-4 pm $50 |  | 24 NEW MOONDaily Gratitude Meditation 9:45-9:55am $DonationRestorative Yoga TBD Yoga Nidra TBD  |  | 25 Daily Gratitude Meditation 9:45-9:55am $DonationOracle Card Yoga10-11:15am $18New Moon YogaTBD |  | 26 Daily Gratitude Meditation 9:45-9:55am $DonationGentle Hatha10-11:15am $18Heart Healing – Heart ChakraCrystal, Reiki & Sound Meditation 7-9pm $33 |  | 27 Daily Gratitude Meditation 9:45-9:55am $DonationCrystal Yoga 10-11:15am$18Candle Lit Yin TBD |  | 28 Daily Gratitude Meditation 9:45-9:55am $DonationSacred Path Gathering Drumming Ceremony TBD  |  | 29 Daily Gratitude Meditation 9:45-9:55am $DonationLeap Day Grand Opening Gala! |