**\*WE ARE MOVING FEB. 1st! PLEASE VISIT OUR NEW LOCATION AT LEMON TREE VILLAGE SHOPS, 1069 RT 6A, BREWSTER, MA\***

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| Classes, Yoga & Special Events ~ January 2020  Pre-registration required for most classes. Please call 508-362-8000 to register or purchase tickets online. | | | | | | | | | | | | |
| Sun |  | Mon |  | Tue |  | Wed |  | Thu |  | Fri |  | Sat |
| Dec 29  TheFrequenciesHealingProject  2-4pm $33 |  | **30**  **Goddess Blessing: Connection and Messages with the Divine Feminine**  **7-9:30 pm $33** |  | **31**  **New Years Eve**  **Gentle Yoga**  **5:30-6:30pm $14** |  | **January 1, 2020**  **HAPPY NEW YEAR!** |  | **2** |  | **3**  **Restorative Yoga**  **6-7pm**  **$14** |  | 4  Psychic Fair  11am-4pm  Crystal Bowl Meditation w/ Kathleen Warren  4:30-6pm $20 |
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| 5  Magical Mystical Meditations w/ the Masters w/ Diandra Heart  3-4pm $25 |  | **6**  **Full Moon Meditation**  **7-8:30 pm $25** |  | **7**  **Gentle Yoga**  **5:30-6:30pm $14**  **Crystal Clear Intentions 2020**  **7-9pm $33** |  | **8**  **Opening Your 3rd Eye – 3rd Eye: Crystal, Reiki & Sound Meditation 7-9pm $25** |  | **9**  **Gentle Yoga**  **5:30-6:30pm $14**  **Creating Simple Spiritual Practices**  **7-8:30pm $33** |  | **10 FULL MOON**  **Restorative Yoga**  **6-7pm**  **$14** |  | 11  11:11 - The Wake Up Call  10:30am-12:30pm $33 |
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| 12 |  | **13**  **Goddess Blessing: Connection and Messages with the Divine Feminine**  **7-9:30 pm $33** |  | **14**  **Gentle Yoga**  **5:30-6:30pm $14**  **Clearing the Mental, Emotional & Physical Clutter That’s Holding You Back**  **7-9pm $33** |  | **15**  **Expanding Your Awareness -Crown Chakra Reiki & Sound Meditation**  **7-9pm $25** |  | **16**  **Gentle Yoga**  **5:30-6:30pm $14**  **Discovering Your Divine Life Purpose 7-9pm $44** |  | **17**  **Restorative Yoga**  **6-7pm**  **$14** |  | 18  Empowering the Empath: The Essentials 10:30am-12:30 pm $44  Empowering the Empath 2: Going Deeper 1:30-4:30pm $50 |
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| 19  Channeled Blue Ray Tonal Meditations for Healing w/ Mary Michel  6-7pm $33 |  | **20 Martin Luther King Jr. Day**  **New Moon Meditation**  **7-8:30 pm $25** |  | **21 Gentle Yoga**  **5:30-6:30pm $14**  **Opening Doors to Past Lives**  **7-9pm $35** |  | **22**  **Crystal, Reiki & Sound Meditation**  **7-9pm $25** |  | **23 Gentle Yoga**  **5:30-6:30pm $14**  **Cutting Cords: Free Your Energy! 7-9pm $44** |  | **24 NEW MOON**  **Restorative Yoga**  **6-7pm**  **$14** |  | 25  Reiki Reboot  10:30am-5pm  $222 |
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| Jan 26  LAST DAY AT 3284 MAIN ST, RT. 6A BARNSTABLE! |  | **27**  **MOVING WEEK!!! 🡪 🡪** |  | **28**  **MOVING WEEK!!! 🡪** |  | **29**  **MOVING WEEK!!! 🡪** |  | **30**  **MOVING WEEK!!! 🡪 🡪** |  | **31**  **MOVING WEEK!!! 🡪 🡪**  **\*MORE FEBRUARY CLASSES COMING SOON!\*** |  | Feb 1 Daily Gratitude Meditation 9:45-9:55am $Donation  OPEN LEMON TREE VILLAGE SHOPS, 1069 RT 6A, BREWSTER! |
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| 2 Super Bowl  Daily Gratitude Meditation 9:45-9:55am $Donation |  | **3 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Restorative Yoga TBD** |  | **4 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Oracle Card Yoga**  **10-11:15am $18**  **Chakra Yoga**  **TBD** |  | **5 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Gentle Hatha**  **10-11:15am $18**  **Grounding – Root Chakra Crystal, Reiki & Sound Meditation**  **7-9pm $33** |  | **6 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Crystal Yoga**  **10-11:15am**  **$18**  **Candle Lit Yin TBD** |  | **7 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Sacred Path Gathering Drumming Ceremony TBD** |  | 8 Daily Gratitude Meditation 9:45-9:55am $Donation  Psychic Fair  11am-4pm |
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| 9 Daily Gratitude Meditation 9:45-9:55am $Donation  Ladies Only Psychic Party w/ Jon Stetson  2-5pm $50 |  | **10 FULL MOON**  **Daily Gratitude Meditation 9:45-9:55am $Donation**  **Restorative Yoga TBD** |  | **11 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Oracle Card Yoga**  **10-11:15am $18**  **Full Moon Yoga**  **TBD** |  | **12 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Gentle Hatha**  **10-11:15am $18**  **Finding Your Joy – Sacral Chakra**  **Crystal, Reiki & Sound Meditation**  **7-9pm $33** |  | **13 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Crystal Yoga**  **10-11:15am**  **$18**  **Candle Lit Yin TBD** |  | **14 Valentine’s Day**  **Daily Gratitude Meditation 9:45-9:55am $Donation**  **Sacred Path Gathering Drumming Ceremony TBD** |  | 15 Daily Gratitude Meditation 9:45-9:55am $Donation  Intentions Jewelry Trunk Show 10am-5pm |
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| 16 Daily Gratitude Meditation 9:45-9:55am $Donation  Channeled Blue Ray Tonal Meditations for Healing w/ Mary Michel  6-7pm $33 |  | **17 Washington's Birthday**  **Daily Gratitude Meditation 9:45-9:55am $Donation**  **Restorative Yoga TBD** |  | **18 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Oracle Card Yoga**  **10-11:15am $18**  **Sacred Geometry Yoga**  **TBD** |  | **19 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Gentle Hatha**  **10-11:15am $18**  **Personal Empowerment – Solar Plexus**  **Crystal, Reiki & Sound Meditation7-9pm $33** |  | **20 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Crystal Yoga**  **10-11:15am**  **$18**  **Candle Lit Yin TBD** |  | **21 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Sacred Path Gathering Drumming Ceremony TBD** |  | **22 Daily Gratitude Meditation 9:45-9:55am $Donation**  **Crystals From Around the World Crystal Show**  **10am-5pm** |
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| 23 Daily Gratitude Meditation 9:45-9:55am $Donation  Intro to Intuitive Eating  2-4 pm $50 |  | 24 NEW MOON  Daily Gratitude Meditation 9:45-9:55am $Donation  Restorative Yoga TBD  Yoga Nidra TBD |  | 25 Daily Gratitude Meditation 9:45-9:55am $Donation  Oracle Card Yoga  10-11:15am $18  New Moon Yoga  TBD |  | 26 Daily Gratitude Meditation 9:45-9:55am $Donation  Gentle Hatha  10-11:15am $18  Heart Healing – Heart Chakra  Crystal, Reiki & Sound Meditation 7-9pm $33 |  | 27 Daily Gratitude Meditation 9:45-9:55am $Donation  Crystal Yoga  10-11:15am  $18  Candle Lit Yin TBD |  | 28 Daily Gratitude Meditation 9:45-9:55am $Donation  Sacred Path Gathering Drumming Ceremony TBD |  | 29 Daily Gratitude Meditation 9:45-9:55am $Donation  Leap Day Grand Opening Gala! |