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| Classes, Yoga & Special Events ~ February 2020  Pre-registration required for most classes. Please call 508-362-8000 to register or purchase tickets online. | | | | | | |
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| Jan 26  MOVING WEEK!!! 🡪 🡪 | **27**  **MOVING WEEK!!! 🡪 🡪** | **28**  **MOVING WEEK!!!🡪 🡪** | **29**  **MOVING WEEK!!! 🡪 🡪** | **30**  **MOVING WEEK!!! 🡪 🡪** | **31**  **MOVING WEEK!!! 🡪 🡪** | Feb 1  OPEN 1069 Rt. 6A BREWSTER!  Gratitude Meditation 9:45-9:55am $Donation |
| 2 Super Bowl  Gratitude Meditation 9:45-9:55am $Donation | **3**  **Gratitude Meditation**  **9:45-9:55am $Donation**  **Restorative Yoga**  **5:30-6:30pm $18** | **4**  **Finding Peace After Trauma**  **8:11-9:11am &**  **12:11-1:11pm**  **$11 First Responders or**  **$22 Public**  **Gratitude Meditation**  **9:45-9:55am $Donation**  **Oracle Card Yoga**  **10-11:15am $20**  **Chakra Yoga**  **5:30-6:30pm $18** | **5**  **Gratitude Meditation**  **9:45-9:55am $Donation**  **Gentle Hatha**  **10-11:15am $20**  **Grounding – Root Chakra Crystal, Reiki & Sound Meditation**  **7-9pm $33** | **5**  **Finding Peace After Trauma**  **8:11-9:11am &**  **12:11-1:11pm**  **$11 First Responders or $22 Public**  **Gratitude Meditation 9:45-9:55am $Donation**  **Crystal Yoga**  **10-11:15am**  **$20**  **Candle Lit Yin**  **5:30-6:30pm $18**    **Clearing the Physical, Mental & Emotional Clutter That’s**  **Holding You Back**  **7-9pm $33** | **7**  **Gratitude Meditation 9:45-9:55am $Donation**  **Sacred Drumming & Songs w/ Mary**  **6-8pm $33** | 8  Gratitude Meditation 9:45-9:55am $Donation  Psychic Fair  11am-4pm |
| 9  Gratitude Meditation 9:45-9:55am $Donation  Ladies Only Psychic Party w/ Jon Stetson  2-5pm $50  Round Table Gathering w/ Mary  6-8pm $33 | **10 FULL MOON**  **Gratitude Meditation**  **9:45-9:55am $Donation**  **Restorative Yoga**  **5:30-6:30pm $18**  **Full Moon Meditation**  **7-8:30 pm $33** | **11**  **Finding Peace After Trauma**  **8:11-9:11am &**  **12:11-1:11pm**  **$11 First Responders or**  **$22 Public**  **Gratitude Meditation 9:45-9:55am $Donation**  **Oracle Card Yoga**  **10-11:15am $20**  **Full Moon Yoga**  **5:30-6:30pm $18**  **11:11 - The Wake Up Call**  **7-9pm $33** | **12**  **Gratitude Meditation 9:45-9:55am $Donation**  **Gentle Hatha**  **10-11:15am $20**  **Finding Your Joy – Sacral Chakra**  **Crystal, Reiki & Sound Meditation**  **7-9pm $33** | **13**  **Finding Peace After Trauma**  **8:11-9:11am &**  **12:11-1:11pm**  **$11 First Responders or $22 Public**  **Gratitude Meditation 9:45-9:55am $Donation**  **Crystal Yoga**  **10-11:15am**  **$20**  **Candle Lit Yin**  **5:30-6:30pm $18**  **Healing with the Angels Crystal Bowl Meditation**  **7-8pm $25** | **14**  **Gratitude Meditation 9:45-9:55am $Donation**  **Valentine’s Day Self-Love Crystal Bowl Meditation w/ Kathleen Warren 10:30am-12pm $28**  **Sacred Drumming & Songs w/ Mary**  **6-8pm $33** | 15  Gratitude Meditation 9:45-9:55am $Donation  Intentions Jewelry Show  10am-5pm  Buddha Medicine Circle  6-8pm $33 |
| 16  Gratitude Meditation 9:45-9:55am $Donation  Channeled Blue Ray Tonal Meditations Healing Circle w/ Mary Michel  6-8pm $33 | **17**  **Gratitude Meditation**  **9:45-9:55am $Donation**  **Restorative Yoga**  **5:30-6:30pm $18**    **TBD** | **18**  **Finding Peace After Trauma**  **8:11-9:11am &**  **12:11-1:11pm**  **$11 First Responders or**  **$22 Public**  **Gratitude Meditation 9:45-9:55am $Donation**  **Oracle Card Yoga**  **10-11:15am $20**  **Sacred Geometry Yoga**  **5:30-6:30pm $18**  **Creating Simple Spiritual Practices**  **7-8:30pm $33** | **19**  **Gratitude Meditation 9:45-9:55am $Donation**  **Gentle Hatha**  **10-11:15am $20**  **Personal Empowerment – Solar Plexus**  **Crystal, Reiki & Sound Meditation**  **7-9pm $33** | **20**  **Finding Peace After Trauma**  **8:11-9:11am &**  **12:11-1:11pm**  **$11 First Responders or $22 Public**  **Gratitude Meditation 9:45-9:55am $Donation**  **Crystal Yoga**  **10-11:15am**  **$20**  **Candle Lit Yin**  **5:30-6:30pm $18**  **Opening Doors to Past Lives**  **7-9pm $35** | **21**  **Gratitude Meditation 9:45-9:55am $Donation**  **Sacred Drumming & Songs w/ Mary**  **6-8pm $33** | 22  Gratitude Meditation 9:45-9:55am $Donation  Crystals From Around the World Crystal Show  10am-5pm |
| 23  Gratitude Meditation 9:45-9:55am $Donation  Intro to Intuitive Eating  2-4 pm $50  Round Table Gathering w/ Mary  6-8pm $33 | 24 NEW MOON  Gratitude Meditation  9:45-9:55am $Donation  Restorative Yoga  5:30-6:30pm $18  New Moon Meditation  7-8:30pm $33 | 25  Finding Peace After Trauma  8:11-9:11am &  12:11-1:11pm  $11 First Responders or  $22 Public  Gratitude Meditation  9:45-9:55am $Donation  Oracle Card Yoga  10-11:15am $20    New Moon Yoga  5:30-6:30pm $18  Meet Your Angels  7-8:30pm $33 | 26  Gratitude Meditation 9:45-9:55am $Donation  Gentle Hatha  10-11:15am $20  Heart Healing – Heart Chakra  Crystal, Reiki & Sound Meditation  7-9pm $33 | 27  Finding Peace After Trauma  8:11-9:11am &  12:11-1:11pm  $11 First Responders or  $22 Public  Gratitude Meditation  9:45-9:55am $Donation  Crystal Yoga  10-11:15am  $20  Candle Lit Yin  5:30-6:30pm $18  Discovering Your Divine Life Purpose  7-8:30pm $33 | 28  Gratitude Meditation 9:45-9:55am $Donation  Sacred Drumming & Songs w/ Mary  6-8pm $33 | 29 *Leap Day!*  Gratitude Meditation 9:45-9:55am $Donation  Grand Opening Gala 11am-5pm |

***NEW BUSINESS HOURS: Mon-Fri 10 AM – 7 PM & Sat-Sun 10 AM - 6 PM***