|  |
| --- |
| Classes, Yoga & Special Events ~ February 2020Pre-registration required for most classes. Please call 508-362-8000 to register or purchase tickets online. |
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| Jan 26MOVING WEEK!!! 🡪 🡪 | **27****MOVING WEEK!!! 🡪 🡪** | **28** **MOVING WEEK!!!🡪 🡪** | **29****MOVING WEEK!!! 🡪 🡪** | **30****MOVING WEEK!!! 🡪 🡪** | **31****MOVING WEEK!!! 🡪 🡪** | Feb 1 OPEN 1069 Rt. 6A BREWSTER!Gratitude Meditation 9:45-9:55am $Donation |
| 2 Super BowlGratitude Meditation 9:45-9:55am $Donation | **3** **Gratitude Meditation** **9:45-9:55am $Donation****Restorative Yoga** **5:30-6:30pm $18** | **4** **Finding Peace After Trauma** **8:11-9:11am &****12:11-1:11pm****$11 First Responders or** **$22 Public****Gratitude Meditation** **9:45-9:55am $Donation****Oracle Card Yoga****10-11:15am $20****Chakra Yoga****5:30-6:30pm $18** | **5** **Gratitude Meditation** **9:45-9:55am $Donation****Gentle Hatha****10-11:15am $20****Grounding – Root Chakra Crystal, Reiki & Sound Meditation****7-9pm $33** | **5** **Finding Peace After Trauma** **8:11-9:11am &****12:11-1:11pm****$11 First Responders or $22 Public****Gratitude Meditation 9:45-9:55am $Donation****Crystal Yoga** **10-11:15am****$20****Candle Lit Yin** **5:30-6:30pm $18****Clearing the Physical, Mental & Emotional Clutter That’s** **Holding You Back** **7-9pm $33** | **7** **Gratitude Meditation 9:45-9:55am $Donation****Sacred Drumming & Songs w/ Mary** **6-8pm $33** | 8 Gratitude Meditation 9:45-9:55am $DonationPsychic Fair 11am-4pm |
| 9 Gratitude Meditation 9:45-9:55am $DonationLadies Only Psychic Party w/ Jon Stetson2-5pm $50Round Table Gathering w/ Mary6-8pm $33 | **10 FULL MOON****Gratitude Meditation** **9:45-9:55am $Donation****Restorative Yoga** **5:30-6:30pm $18****Full Moon Meditation** **7-8:30 pm $33** | **11****Finding Peace After Trauma** **8:11-9:11am &****12:11-1:11pm****$11 First Responders or** **$22 Public****Gratitude Meditation 9:45-9:55am $Donation****Oracle Card Yoga****10-11:15am $20****Full Moon Yoga****5:30-6:30pm $18****11:11 - The Wake Up Call** **7-9pm $33** | **12** **Gratitude Meditation 9:45-9:55am $Donation****Gentle Hatha****10-11:15am $20****Finding Your Joy – Sacral Chakra****Crystal, Reiki & Sound Meditation****7-9pm $33** | **13** **Finding Peace After Trauma** **8:11-9:11am &****12:11-1:11pm****$11 First Responders or $22 Public****Gratitude Meditation 9:45-9:55am $Donation****Crystal Yoga** **10-11:15am****$20****Candle Lit Yin** **5:30-6:30pm $18****Healing with the Angels Crystal Bowl Meditation** **7-8pm $25**  | **14** **Gratitude Meditation 9:45-9:55am $Donation****Valentine’s Day Self-Love Crystal Bowl Meditation w/ Kathleen Warren 10:30am-12pm $28****Sacred Drumming & Songs w/ Mary** **6-8pm $33** | 15 Gratitude Meditation 9:45-9:55am $DonationIntentions Jewelry Show 10am-5pmBuddha Medicine Circle 6-8pm $33 |
| 16 Gratitude Meditation 9:45-9:55am $DonationChanneled Blue Ray Tonal Meditations Healing Circle w/ Mary Michel 6-8pm $33 | **17****Gratitude Meditation** **9:45-9:55am $Donation****Restorative Yoga** **5:30-6:30pm $18****TBD** | **18** **Finding Peace After Trauma** **8:11-9:11am &****12:11-1:11pm****$11 First Responders or** **$22 Public****Gratitude Meditation 9:45-9:55am $Donation****Oracle Card Yoga****10-11:15am $20****Sacred Geometry Yoga****5:30-6:30pm $18****Creating Simple Spiritual Practices** **7-8:30pm $33**  | **19** **Gratitude Meditation 9:45-9:55am $Donation****Gentle Hatha****10-11:15am $20****Personal Empowerment – Solar Plexus** **Crystal, Reiki & Sound Meditation****7-9pm $33** | **20****Finding Peace After Trauma** **8:11-9:11am &****12:11-1:11pm****$11 First Responders or $22 Public****Gratitude Meditation 9:45-9:55am $Donation****Crystal Yoga** **10-11:15am****$20****Candle Lit Yin** **5:30-6:30pm $18****Opening Doors to Past Lives****7-9pm $35**  | **21** **Gratitude Meditation 9:45-9:55am $Donation****Sacred Drumming & Songs w/ Mary** **6-8pm $33** | 22 Gratitude Meditation 9:45-9:55am $DonationCrystals From Around the World Crystal Show10am-5pm |
| 23Gratitude Meditation 9:45-9:55am $DonationIntro to Intuitive Eating2-4 pm $50Round Table Gathering w/ Mary6-8pm $33 | 24 NEW MOONGratitude Meditation 9:45-9:55am $DonationRestorative Yoga 5:30-6:30pm $18New Moon Meditation 7-8:30pm $33 | 25 Finding Peace After Trauma 8:11-9:11am &12:11-1:11pm$11 First Responders or $22 PublicGratitude Meditation 9:45-9:55am $DonationOracle Card Yoga10-11:15am $20 New Moon Yoga5:30-6:30pm $18Meet Your Angels7-8:30pm $33 | 26 Gratitude Meditation 9:45-9:55am $DonationGentle Hatha10-11:15am $20Heart Healing – Heart ChakraCrystal, Reiki & Sound Meditation7-9pm $33 | 27Finding Peace After Trauma 8:11-9:11am &12:11-1:11pm$11 First Responders or $22 PublicGratitude Meditation 9:45-9:55am $DonationCrystal Yoga 10-11:15am$20Candle Lit Yin 5:30-6:30pm $18Discovering Your Divine Life Purpose7-8:30pm $33 | 28Gratitude Meditation 9:45-9:55am $DonationSacred Drumming & Songs w/ Mary 6-8pm $33 | 29 *Leap Day!*Gratitude Meditation 9:45-9:55am $DonationGrand Opening Gala 11am-5pm |

***NEW BUSINESS HOURS: Mon-Fri 10 AM – 7 PM & Sat-Sun 10 AM - 6 PM***